



CREATIVE JUICES



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"Be miserable. Or motivate yourself. Whatever has to be done, it's always your choice." -- Wayne Dyer



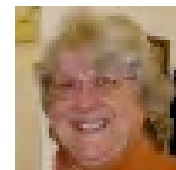
Presidents Message

We will be electing officers and board members for the year 2010 at our October 22 General Meeting. I am looking forward to seeing many members attend this important meeting. The nominating committee has nominated the following members. We welcome nominations from the floor.



Evelyn Wolf

President-----Saundra Cutsinger
 Past President-----Evelyn Wolf
 1st Vice President-----Maryann Proctor
 2nd Vice President-----Bob Lee
 Secretary-----Joan Westhoff
 Treasurer-----Marilyn Hooser



Saundra Cutsinger

Members at Large:

JoAnn Haick, Pat Oden, Cynthia Thomas, Linda Stadtmiller, Bud Bowling

We will be extending an enthusiastic welcome to our guest, Anita Wheeler from La Push. She is our demo person for October.

This year has been a good and fun time for me as your President. I am excited about producing the Member Show with Co-Chairperson, Mary Ann Proctor. Many have already signed up to help and be a part of our production. We will have an opportunity to applaud these good working teams at our December luncheon.

The Demonstrator for the October 22nd Sequim Arts Meeting is Anita Wheeler



Anita Wheeler

Anita is a member of the Quileute Nation. She is an Artist painting with oil and acrylic mediums, a Cedar bark weaver in both traditional and contemporary styles, she designs and graphs art used for patchwork blankets, makes unique jewelry designs. As if that is not enough she does private "Twilight Tours" and is a consummate story teller, keeping alive the stories that have been handed down in her family for generations.



Basket Woman

Anita says weaving is a way of honoring her Mother and Grandmothers. Story telling is her way of honoring her Grandfathers. She has also been a story teller at the Hoh Rainforest Rangers' Station, Middle schools and Colleges in Washington State.

She has also had the honor of being the subject of several students' independent study, at the college level.

She is a member of the "Far West Art League" and the "Messy Palette Art League". She has served as a volunteer for the Forks Chamber of Commerce, Food Banks in both Forks and in Hawaii, and for more than 19 years she had made and donated crocheted preemie -size layettes to hospitals that deliver high-risk babies. The layettes consist of a Cap, Booties and an Onesey.

Sequim Arts 2010 Election of Officers

A reminder for you that our October 22nd Sequim Arts Meeting at St. Luke's Episcopal Church in Sequim starts at 9:30 am with coffee and treat time. Remember also that October is the month for electing new officers to the Board. Evelyn and the nominating committee have a full slate for you to consider and it will become official at this meeting. Please make sure you attend this meeting, it is important for you to have a voice, after all Sequim Arts belongs to you, and without you there is no Sequim Arts. *Maryann Proctor, Creative Juices Editor*



Coming November 5th - 8th the "Sequim Arts Member Show"

Wow, are you ready for this?

Co-Chairwomen: Evelyn Wolf, 582-1158
and Maryann Proctor, 681-5320

Artist Reception: Wednesday, November 4th, 6 pm to 7:30 pm
St. Luke's Episcopal Parish Hall
525 N. Fifth Ave., Sequim

Receiving: Tuesday November 3rd, 9 am to 2 pm St. Luke's Parish Hall

Release: Sunday, November 8 at 4:30 pm, Not Before Claim checks required
(See prospectus for more Information).

Prospectus will be available at the October Meeting, and on the website. Post Cards are available now. I hope that you are all working away and getting ready for this show.

Remember nothing over 44 inches framed will be accepted.

Each entry will cost \$5.00 each with a limit of 3 entries.

Only Sequim Arts 2009 members in good standing will be allowed to enter pieces into this show.



Check this Out!

We are still looking for items for Silent Auction approx. value of \$25.00. If you have an item you would like to add please call Evelyn Wolf 582-1158 or Maryann Proctor 681-5320

Congratulations Artists

Pat Oden will have three art quilts hanging in the exhibition of the Fiber Arts Festival---Oct. 2 – Nov. 28, the Museum & Arts Center.

Randy Radock has had two of his three entries accepted into the juried show of Northwest Printmakers "The Printmaker's Hand" presented by Corvidae Press to be held at Northwinds Art Center, 2409 Jefferson Street, Port Townsend, Washington, November 6-29, 2009. An award ceremony/reception will be held the evening of November 8 in conjunction with the Port Townsend Saturday night art walk. 360-379-1086.

Sequim Blockprinters **Sallie and Randy Radock** and Port Townsend Potter Diane Gale have been invited to exhibit their art in a three person show at the Art Mine Gallery in The Inn At Port Hadlock, 310 Hadlock Bay Road, Port Hadlock, WA., November 3, 2009 through January 31, 2010. Meet the artists at a reception to be held November 6th, starting at 5:30p.m. 360-385-7030.

Randy and Sallie Radock will have their block prints on exhibit at the Gateway Visitors Center, 93 Beaver Valley Road (SR 19), Port Ludlow, November 16, 2009 through January 31, 2010. Hours are 10:00 am to 4:00pm daily. 360-437-0120.

Sunday October 4th **Larry Barnes** had an Opening at the Fifth Ave. Retirement Center. His photos will be on display through out the month of October. Pictured on Right is Larry Barnes talking with Randy and Sallie Radock.



First Friday October 2nd



Pat Oden, on left, at Strait Financial Office where her work is now on display. This business is just west of the Museum and Arts Center on Cedar St.

Grace Shepard, on right, did a demo on First Friday at the Dove's Nest where her paintings are on display. *I do so admire people who can do this fast enough to do a demo, I am so sloooooow, no one has enough time to waste watching me paint.* **Congratulations to all of our First Friday Artists, especially to those I didn't get to talk to or take your photo.**



"The North Olympic Watercolorists Group" which includes many Sequim Arts Artists will feature works of 13 members at The Gallery at The Fifth Avenue, 500 W. Hendrickson, Sequim starting Nov 5th and continuing through the month of November.

A reception for the artists will be held on Sunday, Nov 8th from 1:00 to 3:00 pm.

Pat Gordon has a show of WaterColor Art during the month of November. Location; "The Vault Coffee Shop", upstairs in Aldrich's, address: 940 Lawrence St. Suite 200. Port Townsend. Show will be included in the Gallery Art Walk on Saturday, November 7 from 5:30 to 8:00p.m.



Ann Nilsson, Our own Ann Nilsson graced the cover of the final edition of the Peninsula Woman news magazine. She discussed the difference between Swedish and Norwegian decorative painting. Ann knows both; she learned the Swedish style from her mother and later took lessons to learn the Norwegian style. It was a wonderful article about her and her art. I have a copy of the news magazine if any of you missed reading it and would like to read it. How lucky are we to have such talent in our own Sequim Arts. Ann we are all proud of you.



*This is the painting she did on a Bench that was sold for the Olympic Theatre Association or OTA fundraiser.
It is a real beauty and what wonderful colors. Great Job Ann!*

Sequim Arts Small Works Show



Sequim Arts will be having a small works show in December at the Museum and Arts Center. This show will be open to members and non-members. All work must be for sale and must be no larger than 8" x 10" including the frame. The entry fee will be \$5.00 for members of Sequim Arts and the Museum and \$10.00 for non-members. You may enter up to 3 pieces. A cash prize will be awarded for the "People's Choice Award". Applications will be available in October and will be on both the Sequim Arts web site and the Museum and Arts Center web site and may be picked up at the Museum or at the October Sequim Arts meeting.

For more information please call Linda Stadtmiller at 681-4884 or email at lastadtmiller@tfon.com.

NEW, NEW, NEW, NEW NEW, NEW. FOR PHOTOGRAPHERS

I am interested in starting a side group for photographers within Sequim Arts; if you are interested in becoming part of this group please let me know **ASAP**. I am hoping to see this group organized and ready to start snapping together in January 2010, and hoping for us to have a PHOTOGRAPHY SHOW IN THE FUTURE.

Contact, Maryann Proctor 360-681-5320 or at mproctor@olypen.com



I am also wishing to take publicity pictures for any Sequim Arts Member artist who would like to have them to use. I am going to try to create a portfolio of publicity pictures to show my work and use on my website, why not let them be yours, especially since they will be free. Give me a call to make an appointment. Maryann Proctor 360-681-5320 or at mproctor@olypen.com



Maryann

The deadline for the November/ December 2009, Sequim Arts, Newsletter is November the 10 th. Please call 681-5320 or send info to news@sequimarts.org

"The trick is in what one emphasizes. We either make ourselves miserable, or we make ourselves strong. The amount of work is the same." -- Carlos Castaneda

Classes For You

Drawing Class with Danny Adams

Figure drawing - A six-week figure drawing class focusing on the head and hands. (\$175)

October, 29 – December 3; 10 am – 1 pm

Port Townsend Grange 360-385-7448 dkadams@olypen.com

Life Drawing in Sequim every Tuesday 2-4:30 with male & female models. New artists are welcome. Cost is \$10.00 a session.

Come & sharpen your drawing & painting skills. **Zien Studio** 461-2725 for more information.

Latest classes with Roxanne Grinstad

There is still time to sign up for Sequim Arts member Roxanne Grinstad's class, Drawing from Nature at Peninsula college Saturday October 17, from 9-3. Call 360-417 6340 or online at www.pc.ctc.edu

<<http://www.pc.ctc.edu>> to register for class # N130

Roxanne is also teaching **Paint a Silk Scarf!** On Saturday Nov 14 at Peninsula College from 9-3. Call 360-417-6340 or online at www.pc.ctc.edu <<http://www.pc.ctc.edu>> to register for class# N145

Call Roxanne if you are interested in **Beginning Chinese Brush Painting- "Bamboo"** Tuesdays Nov. 10,17, and 24th from 1-3 in Port Angeles. Phone: 452-6334

"Remember that fear always lurks behind perfectionism. Confronting your fears and allowing yourself the right to be human can, paradoxically, make you a far happier and more productive person." -- David M. Burns

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Notice: I am sure that you will find your info missing from this newsletter, I didn't have it to put into it, I have put in all I had at this point. I will be happy to send out updates to SA Members for you via email only. Please send it to news@sequimarts.org and I will do my best to get it out to all for you before your event.